

Vanessa Foulke Photo



## Clinic with *Lisa Eklund*

Join Lisa Eklund, a seasoned equestrian performance coach, for a transformative clinic experience. With a rich background in hunters and jumpers, and expertise across disciplines, Lisa tailors her approach to each rider's unique journey. Whether you are part of and IHSA/IEA Team mastering the art of riding unknown horses or an adult rider seeking to reclaim the joy and confidence in your equestrian passion, Lisa's clinic offers the perfect blend of technical skill enhancement and mental focus. Embrace the Mindful Equestrian approach: improve your riding, deepen your horse connection, and explore mindfullness strategies for lasting success in the saddle and beyond.



### Location:

ERIE Hunt and Saddle Club  
6840 Old State Rd  
Edinboro, PA 16412

### Cost:

\$125/EHSC Member  
\$175/Non-Member

### Contact:

Lindsay Filley (814) 397-8660

## August 9th, 2024